HARMONDSWORTH

	Date: Mar 3rd, Mar 24th, Apr 14th, May 5th, May 26th, Jun 16th, Jul 7th, Jul 28th WEEK 1	Date: Mar 10th, Mar 31st, Apr 21st, May 12th, Jun 2nd, Jun 23rd, Jul 14th WEEK 2	Date: Feb 24th, Mar 17th, Apr 7th, Apr 28th, May 19th, Jun 9th, Jun 30th, Jul 21st WEEK 3
MONDAY	Chicken & Vegetable Biryani Margherita Pizza with Rainbow Slaw (GL,MI) Veg of the Day - Green Beans Tomato Pasta (GL) Jacket Potatoes - Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Ice Cream (MI) or Fresh Fruit	Chicken Pizza with Rainbow Slaw (GL,MI) Mac n Cheese (GL,MI) Veg of the Day – Sweetcorn & Green Beans Tomato Pasta (GL) Jacket Potatoes - Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Ice Cream (MI) or Fresh Fruit	Creamy Chicken & Sweetcorn Pasta Bake (GL,MI) Margherita Pizza with Rainbow Slaw (GL,MI) Veg of the Day – Green Beans Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Ice Cream (MI) or Fresh Fruit
TUESDAY	Beef Burger in a Bun with Potato Wedges (GL,SO,SU,SE) Pesto Pasta (GL,MI) Veg of the Day - Sweetcorn Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Apricot Sponge (GL,EG) or Fresh Fruit	Chicken & Beef Sausage with Mash & Gravy (GL,SU,SO) Veggie Sausage with Mash & Gravy (SU,SO) Veg of the Day – Carrots & Peas Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Rice Pudding with Fruit Compote (MI) or Fresh Fruit	Beef Cottage Pie with Mash (GL) Veggie Cottage Pie (GL,SO) Veg of the Day – Carrots & Peas Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Pear Crumble with Custard (GL,MI) or Fresh Fruit
WEDNESDAY	Roast Chicken with Potatoes, & Gravy (SU) Cheesy Potato Filo Pie (GL,MI) Veg of the Day – Carrots & Broccoli Tomato Pasta (GL) Jacket Potatoes - Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Lemon Drizzle Cake (GL,EG) or Fresh Fruit	Roast Turkey with Potatoes & Gravy (SU) Creamy Mushroom Pasta Bake (GL,MI) Veg of the Day – Sweetcorn & Broccoli Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Vegan Fruit Jelly or Fresh Fruit	Roast Chicken with Potatoes & Gravy (SU) Cheese & Tomato Quiche (GL,MI,EG) Veg of the Day – Sweetcorn & Broccoli Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Vegan Fruit Jelly or Fresh Fruit
THURSDAY	Beef Bolognaise Pasta Bake (GL,MI) Veggie Mince Pasta Bolognaise (GL,SO) Veg of the Day – Carrots & Green Beans Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Apple Crumble with Custard (GL,MI) or Fresh Fruit	Mild Chicken & Chickpea Curry with Steamed Rice Mild Vegetable & Chickpea Curry with Steamed Rice Veg of the Day – Carrots & Peas Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Vanilla Cookie (GL) or Fresh Fruit	Mexican Chicken with Cajun Spiced Mixed Vegetable Rice (MU) Veggie Bean Chilli with Mixed Vegetable Rice (GL,SO) Veg of the Day – Carrots Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Blueberry Cake (GL,EG,MI) or Fresh Fruit
FRIDAY	Fish Fingers with Oven Baked Chips (GL,FI) Veggie Burger in a Bun with Oven Baked Chips (GL,SE) Veg of the Day – Peas Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Fresh Fruit	Fish Fingers with Oven Baked Chips (GL,FI) Vegetable Frittata with Oven Baked Chips (EG) Veg of the Day – Peas Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Salmon (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Fresh Fruit	Fish Fingers with Oven Baked Chips (GL,FI) Veggie Dippers with Oven Baked Chips (GL) Veg of the Day – Peas Tomato Pasta (GL) Jacket Potatoes – Cheese (MI), Beans or Tuna (FI) Sandwiches-Egg (GL,SO,EG), Cheese (GL,SO,MI) or Tuna (GL,SO,FI) Fresh Fruit

VEGETABLES, SALAD, BREAD, AVAILABLE DAILY

HALAL & NON-HALAL MEAT SERVED HERE

BREAD CONTAINS - GL - MI - EG - SO

ALLERGY KEY
CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / MILK - MI
MOLLUSCS - MO / MUSTARD - MU / NUTS - NU / PEANUTS - PE /SESAME SEEDS - SE SOYA - SO / SULPHUR - SU

The Pantry are committed to improving the standards of children's meals across every one of our Schools, and fresh, ethically sourced ingredients are used every day across our kitchens.

The Pantry